**Discussion GUIDE: Fire, Emergency Medical Services, & Paramedicine Careers**

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| **TEACHER DISCUSSION LEADERS:**  1. Lead a class discussion about Fire, Emergency Medical Services, &  Paramedicine (F, EMS, & P) careers using the Proposed Student Discussion  Questions and Prompts.  2. Discuss which high school CTE courses help students get ready for a  career in F, EMS, & P.  3. Key Fire, EMS, & Paramedicine introductory concepts include: a) Basic  Anatomy, b) Basic First Aid, c) Safety, and d) Situational Awareness.  4. Find additional F, EMS, & P resources on the TREES website at  <https://www.cteintrees.org/career-exploration-resources>. | **STUDENT OPTIONS:**  1. Take the Career Assessment in the *TREES Career Guide for Students*. Then,  review Fire, Emergency Medical Services, & Paramedicine job titles on  pages 30 and 31.  2. Take the *True Colors Personality Quiz* at  <https://www.ira.esc14.net/upload/page/0255/True%20Colors.pdf>.  3. Watch the 5-minute *What is Paramedicine?* video at  <https://www.youtube.com/watch?v=yYZJVjglNjw>.  4. Do your own research about F, EMS, & P careers to learn more.  5. Participate in a class discussion. |

Proposed Student Questions and Prompts

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| Q1a. What do people in Fire, Emergency Medical Services, & Paramedicine careers do? Which F, EMS, & P jobs (page 30 of the *Career Guide for Students*) are most interesting to you? Characteristics of Fire, EMS, & Paramedicine professionals are:  ***Doers*** generally ’hit the ground running,’ rarely procrastinate and like a challenge. ***Helpers*** offer their services or resources to another. These jobs typically require you working with other F, EMS, and P teams, police and fire, and observing, recording, and reporting patient status to physicians.  Q1b. What strengths did *True Colors* identify about you? | **In a Fire Safety career**, you may conduct rescues from buildings, accidents, and water hazards. You may don fire-resistant clothing and breathing apparatus and you will often be required to assess situations, and use 2-way radios to report conditions and receive instructions.  **In an Emergency Medical Services** **career**, you may administer prehospital first aid or life support to sick/injured persons. You would assess the nature/extent of the victim’s illness/injury, and comfort and reassure patients and families.  **In a Paramedicine** **career**, you may coordinate with treatment centers about patients' vital statistics/medical history, determine facts of the emergency; administer treatment, and report drug reactions  What skills might you need to improve to be more successful in a F, EMS, & P career? Skills are the ability to do something well. |
| Q2. What did you learn from the *What is Paramedicine* video? | What skills do Paramedics need? Which of those skills do you already have? What skills might you need to improve for a career in the F, EMS, & P? |
| Q3. Do you know someone who work in the F, EMS, & P industry such as a  Firefighter, Fire Chief, EMT, Paramedic, 911 Operator, etc.? | What do they do at work?  What high school courses would help you get started in a F, EMS, & P career? |
| Q4. What Fire, Emergency Medical Services, and Paramedicine employers  are in your local area? | *Troy Fire Protection District* is one local F, EMS, & P employer. Can you list 3 more employers?  1.  2.  3. |