**S.W.E.A.T. Pledge #3: There’s No Such Thing as a Bad Job**

**STUDENT:** Watch the Mike Rowe S.W.E.A.T. (Skill & Work Ethic Aren’t Taboo) video: “There’s No Such Thing as a Bad Job” at <https://www.mikeroweworks.org/sweat/>.

• Write your responses to the following questions, prompts, and/or scenarios to demonstrate your understanding of the essential skill of Professionalism. *For example: State examples from the video and from your life experiences that explain how Professionalism affects school, work, and life challenges.*

• Participate in a class discussion of the questions, prompts, and/or scenarios. Use your responses as input to the discussion.

**TEACHER:** Conduct a class discussion of the IEES questions, prompts, and/or scenarios. Discuss how your courses provide opportunities to exhibit professionalism and other qualities of a good employee.

**ADDITIONAL RESOURCES to extend, enhance discussion**:

1. TREES Career Guide for Students

2. Ethics and Compliance Toolkit at <https://www.ethics.org/resources/free-toolkit/>

3. Skills to Pay the Bills (Professionalism): U.S. Department of Labor at  
<https://www.dol.gov/agencies/odep/program-areas/individuals/youth/transition/soft-skills>

4.

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| Q1a. What are the characteristics of a “bad job”?  Q1b. What are the characteristics of a “good job”? |  |
| Q2a. Explain how every job can be an opportunity. |  |
| Q3a. List job titles you consider to be “good.”  Q3b. Talk about a “good” job you’ve had and a “bad” job you’ve had. |  |
| Q4. How can a “bad” job turn into a good opportunity for you? |  |
| Q5. What is professionalism? |  |

**IEES Framework Alignment**

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| PERSONAL ETHIC | Integrity, Respect, Perseverance, Positive Attitude |
| WORK ETHIC | Dependability, Professionalism |
| TEAMWORK | Critical Thinking, Effective & Cooperative Work |
| COMMUNICATION | Active Listening, Clear Communication |